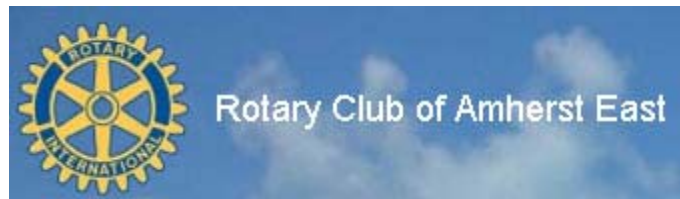


Enjoy Lunch with the World's Heaviest Professional Athlete, World Sumo Champion Emanuel "Tiny" Yarbrough



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Join the Rotary Club of Amherst East for lunch with 6' 8", 679-pound, Emanuel "Tiny" Yarbrough, Guinness Book of World Records' "World's Heaviest Professional Athlete" and World Champion Sumo wrestler.

Buffalo, NY – August 14, 2009 – The Rotary Club of Amherst East will host Emanuel "Tiny" Yarbrough as its guest lunch speaker on Thursday, August 27. Anybody can attend the lunch meeting. Attendees must RSVP so that the club can reserve space.



Mr. Yarbrough is in Western New York to support a free children's event in Buffalo the following day, hosted by Buffalo's Belle Center. That event will feature Sumo wrestling demonstrations by the SumoKids Foundation and children

from the Belle Center's summer athletic program, as well as a presentation by Mr. Yarbrough.

Mr. Yarbrough is the Guinness Book of World Records' "World's Heaviest Professional Athlete" and a world champion Sumo wrestler. He also is an ambassador for the SumoKids Foundation, a Buffalo-based 501 (c)(3) non-profit that teaches children valuable life skills and morals through the tenets of Sumo wrestling. Sumo wrestling is a Japanese form of wrestling in which a fighter loses if forced from the ring or if any part of his body except the soles of his feet touches the ground.

The president of the Rotary Club of Amherst East, Robert Klingensmith, and the club's president elect, Paul McAfee, both are on the Board of Directors of the SumoKids Foundation and provide pro bono support.

Mr. Yarbrough will talk about his life as an athlete, and his devotion to helping children lead healthy, active, lives.

Lunch on August 27, which starts at noon at the Ramada Hotel & Conference Center, 2402 North Forest Road, Amherst, NY, costs only \$12.00 per person. Attendees should RSVP by August 25 at www.AmherstEastRotary.org by clicking on the "Join the Amherst East Rotary Club for Lunch with Emanuel" link, or by calling (716) 689-8886.

About Emanuel Yarbrough
For more than two decades, Emanuel "Tiny" Yarbrough has taken on challenges that most would think impossible and consistently proven that he has the focus and determination to master any endeavor. At 6 feet 8 inches and more than 679 pounds, Tiny is in the Guinness Book of World Records as the heaviest professional athlete in the world. This former World Sumo Champion and World Super-Heavyweight Judo Champion, has built an impressive track record of success in several sports, toppling champion caliber athletes along the way.

Despite his size, which many regard as an advantage, Tiny has battled fiercely with both external and internal opponents during his entire career. Throughout his journey, he has learned tough lessons including how defeat can lead to victory and that the greatest benefit of fame is its ability to bring attention to important issues affecting the lives of millions.

Perhaps Tiny's greatest achievement has been his record of inspiring and motivating others. For millions seeking confidence, better health or a better life, Tiny represents a living example of success. He proudly welcomes being a role model, delivering his message loudly and consistently, "You Are All Winners!"

Tiny's athletic and personal goals:

- Lose weight and maintain a level of fitness that is highly suitable for competition, but more importantly, build and maintain health in body and mind and continue to improve as a role model for young people.
- Work more with youth oriented organizations as a mentor and leader, providing education on obesity related issues and helping to promote the positive aspects of sports and fitness to the world.

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Note: eXubrio Group LLC provides pro bono public relations support to the Rotary Club of Amherst East and to the SumoKids Foundation.

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